

## **Waterways and Environment Ministry Launches Football Team**

To combat non-communicable diseases, and promote wellness activities among the staff, the Ministry of Waterways and Environment has taken up a cohesive approach to promoting healthy living among the staff.

This after the Ministry launched a football team that set an example through the wellness program, to ensure staff balance their work together with their health to address Non-communicable disease.

The Minister for Agriculture, Waterways and Environment Hon. Dr. Mahendra Reddy acknowledges the initiative led by His Permanent Secretary Mr. Joshua Wycliffe highlighting the importance of wellness activity to stay mentally and physically active in offices.

Minister Reddy reiterated the importance of the balance of office work with physical activities to be active in office work for a productive performance with a positive result in offices and most importantly to tackle Non-communicable diseases.

As a guest, the Fiji Football team striker and Fijian International Mr. Roy Krishna motivated the Ministry's staff to take part in the wellness activity for better performance at work.

Mr. Krishna also highlighted the importance of wellness activities amongst the staff for healthy living while sharing his experience of his football journey to the staff.

The Ministry of Waterways and Environment Football team takes part in the 11-a side football Suva Business House competition that includes business houses in Suva which are played on Saturdays at the University of the South Pacific ground in Suva.